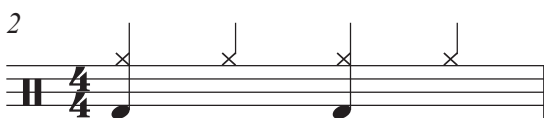
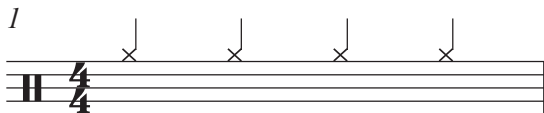


Basic Patterns 1

Quarter Notes

Keep these steady and accurate - they are the basic building blocks of many grooves so it is vitally important that you can play them correctly at different tempos.



Quarter notes on the hi-hats with the bass drum on the 1 and the 3 &



Quarter notes on the hi-hats with the bass drum on the 1 and the & 3



Quarter notes on the hi-hats with the bass drum on the 1, the & of the 2 and the & of the 3